

A Word From the Staff Chattanooga pastor tapped for Tazewell District superintendent

Bishop James Swanson has announced the projected appointment of the Rev. David Tabor for leadership of the Tazewell District, effective June 24.

Tabor, age 53, has served as pastor at Jones Memorial United Methodist Church in Chattanooga District since June 2006. He follows the Rev. Don Nation, who will retire as Tazewell District superintendent in June after serving on the Cabinet since 2004.

Tabor has previously served at:

- Grace UMC, Chattanooga District (2000-2006)
- McKendree UMC, Chattanooga District (1996-2000)
- Associate at First Oak Ridge UMC (1995-1996)
- St. Luke UMC, Kingsport District (1993-1995)
- St. James UMC, Chattanooga District (1991-1993)
- Wildwood-Whiteside UMC, Chattanooga District (1988-1991)
- Sneedville Circuit, Morristown District (1986-1988)

He graduated from Carson-Newman College in 1990 and from Gammon Theological Seminary in 1992. His childhood church is Cloud Springs Baptist in Fort Oglethorpe, Ga.

"A Baptist professor at Carson-Newman told me I should go to the United Methodist Church, because I believed in open communion and that women should be ordained," he said.

He met his wife-to-be, Mary Lynn, at Panther Springs UMC in Morristown, Tenn. When Bishop Swanson called Tabor about the projected superintendent appointment, "I know I was silent for a while," the pastor said.

But when Swanson said he should discuss the Tazewell appointment with his wife, "I already knew what she would say. She looked at me and without hesitation said, 'I am a United Methodist minister's wife, and I itinerate.'"

The Tabors have three daughters and one six-month-old grandchild. Their youngest child, Gracie Ann, was born four weeks ago on Jan. 26, 2010.



Announcements

February 23 marks the beginning of 40 Days of Prayer. Bishop Swanson would like us to join him in prayer. He believes that if we unite our voices and hearts in conversation with God, our Lord will hear and empower our lives that we may point people to Jesus. He prays:

"And now O Lord, come among us and give us a desire to be in dialogue with you that our witness may be strong, attractive, and convincing so that those who come into contact with us may see and desire to be in relationship."

Daylight Saving Time begins on Sunday, March 14. Remember to set your clocks one hour ahead Saturday night.

The Chattanooga District UMW Spiritual Retreat / Time Apart will be held at Camp lookout on March 20, 2010 from 9:30 to 2:00. Cost for the retreat will be \$15.00 and deadline for registration is March 5th. Brenda Haymore will be the speaker. Hope to have a good turnout. Please see Connie Temple for registration forms if you are interested in attending.

The Church- Wide Work Day—Everyone is urged to help as we take care of a few needs within our church facility. On Saturday, March 13 we will have a workday and concentrate on the Stone Chapel, Kitchen and outside areas of the building. There is much that needs work and everyone can participate in one way or another. Please set aside Saturday, March 13 beginning at 9:00 a.m. as we apply some TLC to our Church.

Children 's News

Sunday, March 14 is Fun Night at Awana

Saturday, March 27 is the Easter Egg Hunt. It will begin at 10 am. It is for children up to 5th Grade. In case of rain the event will be cancelled. We are still in need of plastic eggs and non-chocolate candy. You can drop off all donations on the table by the gym.

Sunday, March 28 is Palm Sunday. The children will be meeting in the gym at 10:45 am to get ready for waving the Palms. We need all the children to attend this special day. We will also be collecting Fragments this day. All children are encouraged to worship with their families on this special day.

Sunday, April 4 is Easter Sunday. The Children will be having a special worship service and activities that day starting at 9 am to noon. They will be coming down to the Sanctuary to collect fragments.

Youth

The TAG Overnight has been rescheduled!!!! Friday, March 12th is the TAG overnight!!! A night of romping and tumbling fun at Tennessee Academy of Gymnastics (TAG). The cost is \$5.00 per youth. We will gather at the church at 8:30pm and return to the church on Saturday, March 13th at 8:30am. Please bring Christian CDs to listen to! Let Heather know if you plan to attend as a TAG specific permission slip will need to be signed by the parents.

Saturday, March 27th the youth have been asked to help out with the Easter Egg Hunt. Those who want to help will need to be at the church at 8:45 am wearing our new youth shirts.

Friday, April 30th - Saturday, May 1 we will participate in a 30 Hour Famine. Details about a study series, service project, and fundraiser for a local hunger agency we will do to lead up to our famine will be coming soon!

Sunday, May 2nd 5:30pm - 7:30pm we will join other area youth for a night of Messy Games! Find some clothes you just don't care about and come join in the disgusting fun!

Saturday, May 15th at 1:30pm the youth will host their annual Golf Tournament. We will need everyone's help to tee-off and succeed! If you or someone you know plays golf, start forming a team! The cost is \$60 per person and \$10 per person worth of Mulligans will be available. There is also a chance to win a car! Space is limited to 20 teams and the pastor already has a team signed up and is working on a second! So don't get left out of the fun - HURRY and register your team!

Sunday, June 27th - Saturday July 3rd we are scheduled for a Creation Care Mission Trip. The cost is \$315 per person - but we will be raising money as a team to off-set the expense! Please let Heather know if will be joining us this year by Sunday, March 21st.

55 & Alive

55& Alive will meet March 16 at 10:30 a.m. We have a very special guest coming as a surprise. Lunch to be catered by Guthries. Cost \$5.50. Reservation and money should be turned in by Wednesday March 10 to Edna Earl Henson or Haroline Dickert.

Attention Anyone who bought an Entertainment Book and will not use the Crossville ticket— 55 & Alive would appreciate it if you would give it to them. Turn in to Edna Earl Henson or Haroline Dickert.

Statistics

Church Attendance on February 28, 2009

Contemporary Service	61
Sunday School	115
11 a.m. Worship	154

Stewardship Report for February 28, 2009

Offering needed each week	\$9,518.55
Pledges, Tithes, and Offerings	\$4,996.52
Upper Room	\$8.00
MMF	\$165.00
Doug Silver's Fund	\$10.00
Choir	\$10.00
UMCOR	\$25.00
CDC Phone Reimbursement	\$50.00
Wed night tip can	\$37.00
Acct 434. Father and Daughter Ball	\$370.00
Memorials	\$125.00

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Jones Memorial United Methodist Church
4131 Ringgold Rd.
Chattanooga, TN 37412

March 3, 2010



The Messenger

Jones Memorial United Methodist Church

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Chattanooga, TN 37412

(423)624-6073

<http://www.jmumc.org>

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Service Times

Contemporary Service at 9:00 a.m.
Sunday School at 9:45 a.m.
Sunday Morning Worship at 11:00 a.m.
Wednesday Dinner 5:45 p.m.
Wednesday Program at 6:30 p.m.

Dr. J. David Tabor

Senior Pastor

Duane Broom

Minister of Music

The Nurse 's Station

Shake Up Your Salt Usage

Salt and sodium consumption continue to be major topics in the discussion of health, especially heart health. This week is Salt Awareness Week, a good time to focus on the amount of salt and sodium in your diet.

Take the “shaker test” to find out how much salt you typically add to your food. Cover a plate or a bowl with foil or plastic wrap. Now salt your “food” just as you would if the dish contained a meal.

Measure how much salt you added. If it was ¼ teaspoon, you added almost 600 milligrams of sodium to your meal, and ½ teaspoon adds about 300 milligrams.

Most dietary guidelines advise the average person limit total sodium consumption to less than 2,300 milligrams a day. Control your intake by watching how much you use in cooking and at the table and by monitoring sodium content on packaged foods you purchase.

Produced by ADA's Public Relations Team

Memorial and Honoraria

Memorials have been give in Memory of the following people:

Mary Crine

By Helen And Gus Nicholson

Dot Heard

By Marry Jennings

By Communications

By Eugenia Elrod

By Margie Harless

Bob Snider

By Communications

Virginia Brown

By Communications

March Birthday 's and Anniversaries

Ken Clouse	3/1	Susan Byrd	3/29
Chris Grant	3/1	Byron Strickland	3/29
Micah Horton	3/2	Brett Dobbs	3/29
Ruth Caulfield	3/4	Mary Ann Sharp	3/31
Heather Pack	3/5	Gerald Matthews	3/31
Chris Cox	3/7	Chris Stockfelt	3/31
Aimee Magnuson	3/9		
Gabrielle Cook	3/10		
Ed Loggins	3/10	Anniversaries:	
Marjorie Tommey	3/10		
Jason Duncan	3/11	Wayne & Barbara Hartman	3/10
Mary Randles	3/11	Michael & Shea Moss	3/11
Nancy Strickland	3/11	Alfred & Gennie Greene	3/14
Jake Stanbery	3/11	Randy & Charlotte Lee	3/15
Hilary Browder	3/11	Fabian & Pamela Scott	3/22
Nick Yakimowich	3/12	Gary & Carol Bradford	3/25
Jean Dickson	3/12	Winston & Dot Cochran	3/29
Emily Lauren Spiers	3/13		
Lillian Reece Wade	3/13		
Elizabeth Bradford	3/14		
Bill Smith	3/16		
Ray Silvers	3/17		
Jill Susann Morgan	3/17		
Bill Green, Jr.	3/18		
Linda Faul	3/20		
Edna Earle Henson	3/20		
Tracy Arp	3/21		
Nick Weber	3/21		
Holly DeVilbiss Norwood	3/21		
Connie Stephens	3/22		
Doris Hollingsworth	3/23		
Marie Corder	3/24		
Megan Elizabeth Voss	3/24		
Faye Smith	3/25		
Shelby Arp	3/26		
Karen Cahill	3/26		
Stacy Clouse	3/26		
Larry Honeycutt	3/26		
Mildred Sanders	3/26		
Parks Dobbs	3/26		
Dorris Fischer	3/27		
Gene Carden	3/28		
Sue Matthews	3/28		

Small Groups

Visit our *Small Groups* webpage at jnumc.org for current information on all our groups. For information about any group, if you have an idea for a new group or would be interested in leading a group, contact Amy Byrd at jnumcgroups@comcast.net.

Upcoming Meetings In March

March 7: SPR Committee meets at 5:30 p.m.

March 9: Trustees meet at 6:30 p.m.

March 11: The CDC Board will meet at 6:15 p.m.

March 13: Men's Club
6:30 a.m. cooking
8: 00 a.m. meeting and eating

March 15: Safety committee meets 7:00 p.m.

March 18: Finance Committee meets 7:00 p.m.

March 25: Off the Wall Gang meets 6:30 p.m.

March 28: Church Council meets at 5:30 p.m.

Missions

Remember to bring your food items for The Chattanooga Food Bank on the last Wednesday night of each month.

Thinking Green

Please bring your old newspapers to the church. Pastor Tabor and Mary Lynn would like to repurpose them as packing materials. Thank you for your help!



March 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 Serenity Sister's 4:30 p.m. SPR Committee 5:30 p.m.	8	9 Gleaners 1:30 p.m. Trustees Meeting 6:30 p.m.	10 Wesleyan Friend- ship 10:30 a.m.	11 CDC Board Meet- ing 6:15 p.m.	12 Youth Tag Over- night Event 8:30 p.m.	13 UMM 6:30 p.m. Cooking 8:00 a.m. Meeting Church-Wide Work Day 9:00 a.m.
14 Daylight Saving Time begins	15 Safety Committee Meets 7:00 p.m.	16 55 & Alive 10:30 a.m. Joy Circle 6:30 p.m.	17	18 Finance Meeting 7:00 p.m.	19	20
21	22	23	24	25 Off the Wall 6:30 p.m.	26	27 Easter Egg Hunt 10:00 a.m.
28 Palm Sunday Church Council 5:30 p.m.	29	30	31 Remember to bring your food Items for the Food Bank			

Sunday Services

- 9:00 a.m. Contemporary Worship Service
- 9:45 a.m. Sunday School
- 10:00 a.m. Rotation Sunday School
- 11:00 a.m. Traditional Worship Service
- 11:00 a.m. Children's Worship Service
- 4:00 p.m. Handbell Rehearsal
- 5:30 p.m. Awana's
- 5:30 p.m. Youth Snack Supper
- 6:00 p.m. Youth Program
- 7:00 p.m. Praise Team

Wednesday Services

- 5:45 p.m. Wednesday Night Dinner
- 6:30 p.m. Wednesday Night Program
- 6:30 p.m. Children's Program
- 6:30 p.m. Youth Program
- 7:15 p.m. Choir Rehearsal

Non-Church Sponsored Activities

East Ridge Grand Squares

Monday at 6:00 p.m.

Alcoholics Anonymous

Wednesday and Friday at 8:00 p.m.

Easter Egg Hunt

March 27, 2010

10:00 a.m.



All children 5th grade and under are welcome